Rural Community Wellness Survey

Introduction

The Texas Health and Human Services Commission (HHSC) thanks you for helping with the survey on rural community wellness. This survey is an opportunity for rural community members to share their thoughts on how local community factors impact mental wellness. This survey is intended for anyone residing in your county or the counties of focus. Survey results are anonymous. The survey will close January 31, 2024.

Counties of focus include:

Central Texas: Blanco, Burnet, and Llano

East Texas: Jasper

Results will be sorted by county to help HHSC understand how to support local efforts to improve community wellness and stress reduction.

Instructions

Please post the English and Spanish flyers so that members of the public can see them and are able to scan the QR code.

Please take the flyers down on January 31, 2024.

You have also received copies of the survey, in both English and Spanish, that can be printed if someone who does not have internet access would like to take the survey. Please send us a scan or photos of the person's survey responses.

People can also access the survey from the two links below. Please feel free to share these links with people in your county or a county of focus.

English: https://forms.office.com/r/umSmehXCj0

Spanish: https://forms.office.com/r/AGB0tWeHmx

Please email <u>RuralMentalHealth@hhs.texas.gov</u> with any questions or concerns. Again, thank you for your help.